Welcome to the new Kindergarten students this year. We had a wonderful week 1.

Quandialla Swimming Carnival is on Wednesday. Please return your note as soon as possible so we can organise transport for students if we need to. The carnival will begin at 9.30am at the Quandialla pool.

Forbes Small Schools Swimming Carnival is on Friday 13th February. We are the organising school this year so we may need parents to help with a job on the day. If you are interested in helping out please let me know. More information will be distributed this week.

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On Tuesday at 2pm, Chantel Bryden, our local Police Officer, will be coming to do a safety talk with the K-2 students. This helps kick-start our unit on “Safe Living”.

As soon as individual programs have been organised for students, parent helpers will start. Thank you to those people who have returned their note. If you are available during the week to come and read etc. with the students, please return the Parent Helper slip.

PLEASE REMEMBER IF THERE ARE ANY ISSUES REGARDING YOUR CHILD OR SCHOOL, PLEASE GIVE ME A CALL OR COME AND SEE ME. MY DOOR IS ALWAYS OPEN!
The first P&C meeting for 2015 is on Tuesday 10th February at 4:00pm

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We are seeking parents or community members who may be interested in coming into the classroom to help the students with reading, spelling and maths groups. This may involve a child reading to you, you working with a small group of 2 or 3 students with a hands on maths task or going through sounds and sight words with an individual student. If you are interested in helping out any day for any amount of time, please complete the return slip and we will send out a roster ASAP.

Name: ________________________
I am/am not able to help in the classroom. Please list the times you are available for each day.

- Monday _______________________________
- Tuesday _______________________________
- Wednesday _______________________________
- Thursday _______________________________
- Friday _______________________________

Caragabal Country Golf Club

Duty Rosters:
6th to 8th February
Peter Toole – Peter Butler – Ross Noble

13th to 15th February
Jason Kellerhan – Wade Death – Paul Lynch

Meat Tray Raffle & Sausage Sizzle
Next Date: 1st March followed by 5th April.

TAI CHI FOR HEALTH

Tai Chi has recommenced in the school hall from 8.00-9.00 on Tuesday morning.

NEWCOMERS WELCOME.

If you have been thinking about commencing Tai Chi but the time does not suit please contact Helen.

Enquiries to Helen Denovan 6349 1777

TENNIS LESSONS

Peter Clifton is looking to hold tennis lessons on Friday afternoons from 4:30-5:30pm at Wirriinya tennis courts. Cost is $11 per person (adults or children).

If you are interested please contact Cath Stewart 0404 260 531
Dates for Grenfell Interagency this year pending availability of the venue are:

- Wed 18th February
- Wed 15th April
- Wed 17th June
- Wed 19th August
- Wed 21st October
- Wed 16th December - may be changed due to Christmas commitments.

A reminder that “Voices Against Violence” meetings are now held at another date/time/venue. For more information please contact Elly Schiller 6349 1777.

Interagency remains at 2pm at the Grenfell Bowling Club.
Where will the Program be held?
Grenfell Public School Hall, Melya Street, Grenfell

How much will it cost?
The Healthy Kids Bus Stop is FREE.

How do I register my child?
Bookings are essential – please call Royal Far West on 1800 500 061 or 0864 4500 to register. A time slot will be selected that suits you and your child. Please note that the duration of your appointment will be dependent on the health needs of your child. Appointments can take between 1½ - 2½ hours to complete.

What do I need to bring?
- Your child’s Blue Book
- Your child’s hat
- Your child’s drink bottle

The Healthy Kids Bus Stop is an initiative of and proudly delivered in partnership by:

HEALTHY KIDS BUS STOP
GRENFELL
24-26 FEBRUARY 2014

For further information please contact:
Healthy Kids Bus Stop Team
Royal Far West
Tel: 0411 970 019
E: angela.b@royalfarwest.org.au

ABOUT THE HEALTHY KIDS BUS STOP

The Healthy Kids Bus Stop is a whole-of-child health screening, assessment and integrated pathway to care program for children aged 3-8 years old.

The Program aims to improve the health and well-being of children living in rural and remote communities through early detection of lifestyle risk factors, delayed development, and/or illness.

It is a fun and interactive Program where children progress through ‘bus stops’, hopping on and off at each stop in order to complete their health assessment. Children are given a bus pass and receive a stamp in the bus pass at each stop along the way.

The Bus Stops include:
- Child Health and Development - undertaken by a Child and Family Health Nurse, this assessment aims to gather health information, identify health problems and promote healthy lifestyles. The health check includes a hearing, vision and physical check; an assessment of oral health and immunisation status; and questions about the child’s development and emotional wellbeing.
- Oral Health - this assessment is undertaken by a Dental Therapist and aims to identify any oral health problems, promote the importance of regular brushing and healthy food choices.
- Hearing - undertaken by an Audiometrist, this check aims to identify any hearing loss that may be impacting on the child’s social, emotional and cognitive development.
- Food and Nutrition - this check is undertaken by a Dietitian and supports parents to understand the child’s food and fluid intake needs for their growth and development.
- Speech and Language Development - undertaken by a Speech Pathologist, this check identifies whether the child’s speech, language and communication development is appropriate for their age.
- Fine and Gross Motor Skill Development - this assessment is undertaken by an Occupational Therapist and assesses whether the child is meeting their milestones with their fine and gross motor skill development.

At the conclusion of the Healthy Kids Bus Stop a multidisciplinary case conference is undertaken. Each child’s health assessment is reviewed and used to develop a coordinated referral pathway. The pathway may include referral to Royal Far West, the Local Health District, Medicare Local or other local services and includes the child’s local GP and Child and Family Health Nurse as key coordinators of the care. Local schools and services also support the child’s identified health needs and follow up care.
WE THANK OUR SPONSORS FOR THEIR SUPPORT

Caragabal
Country Golf Club

MIDWESTERN HIGHWAY
CARAGABAL NSW 2810

PHONE: 02 6347 5270

NSW Farmers Association
Growing the Business of Farming.

Member Service Centre: 1300 794 000
Regional Service Manager: Rachel Galvin: 0427 773 495
Chairman: Peter Toole: 63475252
Secretary/Treasurer: James Clifton: 63476254

NOW OPEN IN CARAGABAL
CONTACT:
Larry McDonald
0458 475 358
HEAD OFFICE
287 BOOROWA STREET
YOUNG NSW 2594
PH: 02 63 82 6622
www.deltaag.com.au