Last week of Term 3…I can’t believe how quick this term has gone. I would like to take this opportunity to thank all of our hard working staff, parents and volunteers for their enormous effort this term. We have been very busy and without your support, we would find it very difficult.

TERM 4 begins for EVERYONE on Tuesday 6th October. There is NO Staff Development Day at the beginning of this term.

Next term is already beginning to fill up. On the first Friday back, we will be holding a lawn bowls afternoon, combined with assembly. This is a fun day where community members are encouraged to come along and play bowls with the students. More information will follow next term.

School Photos
This Tuesday 15th September are School Photos. Please make sure you come to school in your best school uniform (green jumpers, long navy pants (girls) long grey pants (boys) and black shoes) with your best smile.

Mrs Meier’s Class Excursion
Next Friday 18th September (last day of term), Mrs Meier’s class will be heading to Orange for their excursion. They will be watching a movie and ten pin bowling.

Woolworths Earn & Learn stickers have come to an end. Thank you to everyone who supported this initiative to obtain learning resources for our school. We have received 5700 stickers so far, which is great for a small community.

If you are holding on to any stickers can you please send them into school before Friday 18th September.

Thank You for Your Support!!

TERM 3 CALENDAR 2015

<table>
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<td>School Photos</td>
<td>Year 6 Orientation at THLHS 1:40pm</td>
<td>Kindergarten Morning Tea</td>
<td>Mrs Meier’s class excursion</td>
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</table>
Bowls President’s Day - This Sunday 20th September

This Sunday is the Bowls President’s Day. We would really appreciate help in the form of a salad and a plate of sandwiches. Also anyone who can help with serving in the kitchen would be greatly appreciated. Karen will organise a fruit salad, and if you could let her know which salad you will make that would be great! (Karen: 63475316 / 0400809166 / norriemail@gmail.com)

The following Saturday 26th September, there is a Lachlan Valley vs South West day, and we will require help again. Apologies in advance for the double whammy! We will do the same meal plan.

KIDS TEACHING KIDS

Last Thursday, 3-6P and Miss Patton travelled to Dubbo for the annual Kids Teaching Kids Conference, which was held at Dubbo South Public School. Students from various schools delivered presentations surrounding the theme of “Sustainable Agriculture”.

3-6P presented their knowledge of Sustainable Grains. I am very proud of their performance and their behaviour throughout the day. Thank you to Sandy Death for driving the bus. Thanks also goes to students and teachers from the Henry Lawson High School, Glenn Millar from Graincorp, our young farming champion Daniel Fox, and Jodie and Graham Toole for all of your guidance and support!

SILVERBEET AND RICOTTA QUICHE

INGREDIENTS

- 2 sheets frozen ready rolled shortcrust pastry, partially thawed
- 2 teaspoons olive oil
- 1 medium brown onion, finely chopped
- 1/2 bunch chives, chopped
- 1 egg
- 1/2 cup grated parmesan cheese
- Salt, pepper

METHOD

Step 1
Preheat oven to 200°C/180°C Fan-forced. Place a baking tray in oven. Line pastry tin with foil and side of a 4cm deep, 2-litre bowl. Line-bottomed fluted bun tin, trimming to fit tin. Place a fork in foil around baking tray. Bake for 15 minutes or until golden. Remove from oven. Reduce oven temperature to 180°C/160°C Fan-forced.

Step 2
Heat oil in a large frying pan over medium-high heat. Add onion. Cook for 3 minutes or until soft. Reduce heat to medium-low. Add silverbeet, chives, egg, cheese, stirring occasionally for 10 minutes or until silverbeet has wilted. Remove from heat. Cool. Add to pastry tin.

Step 3
Pour eggs, cream and cheese in a large jug. Whisk to combine. Season with salt and pepper. Stir in nutmeg. Pour silverbeet mixture, Top with ricotta. Bake at 200°C/180°C Fan-forced for 40 to 45 minutes or until golden and just set. Serve.

NOTES

- Filling pastry in the tin removes the need for blind baking with baking paper and weights or uncooked rice. If using non-stick pan or tin, there is no need to grease before adding pastry. Stand quiche for 5 minutes before serving.

Visit to Wyalong

Last Friday, K-6 travelled to Wyalong to see Wyalong Public School’s concert, “Toppy Under the Big Top”. It was a wonderful Circus-themed concert. The students enjoyed lots of laughs and were all very well behaved. Thank you again to Sandy Death for her brilliant bus driving skills!
Installation of flashing lights near Caragabal Public School

The NSW Government has provided funding for the placement of school zone signs with flashing lights at all schools by the end of this year to alert motorists of the 40km speed limit required during school drop off and pick up times.

Roads and Maritime Services is delivering this safety initiative and plans to install signs outside Caragabal Public School on Wyalong street the week beginning Tuesday 22 September 2015 outside of 40km school zone hours. Work will take up to two hours to complete, weather permitting.

Partial lane closures may be in place while work is carried out to ensure safety of road users and workers. There will be some noise associated with this work, but every effort will be made to minimise these impacts.

For more information about the flashing lights program please visit the Centre for Road Safety website at www.roadsafety.transport.nsw.gov.au/stayingsafe (go to the schools section) or you can contact our team on 1800 726 958 or flashinglights@rms.nsw.gov.au.

Caragabal Country Golf Club

Duty Rosters:
18th to 20th September ~ Daniel Cooper - Peter Pursehouse - Graham Toole
25th to 27th September ~ David Forde - Damien Troth - Jonathan Baker
2nd to 4th October ~ Trevor Cooper - Mitchell Pollock
9th to 11th October ~ Peter Toole - Peter Butler - Ross Noble

MEMBERSHIPS FOR 2015/2016 ARE NOW DUE

Prices remain the same as last year:

$110 for registered players
$55 for social members

Online payment option:
BSB: 012-655
Account: 213214686
Please use your name as the reference

Caragabal Community Hall AGM
Monday 14th September
10:00am in the Hall

Royal Hotel Caragabal
Friday Nights
Meat Tray Raffles
(2 prizes to be won)
Joker Draw $1000
from 7:00-9:00pm
For further information please call
Erin 6347 5336

CARAGABAL TENNIS

Caragabal Tennis Competition is set to start on Friday 18th September.

If you are interested please contact Wade Death
0428 139 668

TAI CHI FOR HEALTH

Tai Chi is held on Tuesday morning from 8:00am at Caragabal Public School.

Everyone Welcome!

Contact Helen Denovan 6349 1777

DATE CLAIMERS

Community Hall
Spring Market Day
Sunday 18th October
Residents are hereby advised that the next film at the Grenfell Cinema will be shown as below:

“HOME” - 2.00pm on Wednesday 30th September 2015

Tickets are available from Louisa’s Locker with prices detailed below:-

- $20 Family
- $8 Single
- $5 Pensioners
- $5 Children (12 yrs)

As there are limited tickets available residents are encouraged to book early.

GRENFELL CINEMA

WE’RE TAKING PART IN THE 2015 KIDS TEACHING KIDS PROGRAM TO INSPIRE FUTURE ENVIRONMENTAL LEADERS

To find out more about Kids Teaching Kids visit www.kidsteachingkids.com.au

QUIT-TEMBER
QUIT SMOKING THIS SEPTEMBER!

QUIT-TEMBER IS BACK!!!!

After such great success last year, Grenfell Community Health is offering Grenfell residents a unique opportunity to quit smoking for life!

Register your interest (or dob someone in) in our Quittember program.

You will learn about

- the facts and myths of quitting
- products that are commonly used and how they are used effectively
- Behavioural issues and how to kick “the habit”
- Triggers and what to do about them.

Ongoing support and monitoring is vital to the road to quitting and we are able to offer this.

Please call Grenfell Community Health to register your interest.

Phone 63491777

SEPTMBER HOLIDAY TENNIS COACHING CLINIC

A tennis coaching clinic will again be held over the school holidays at the Grenfell Tennis Courts

Dates: Wednesday 23rd to Friday 25th September (week one of hols)

The tennis clinic caters for players of all levels and children as young as 5yrs to 18yrs.

- Beginners 5yrs to 8yrs (approx) 9.00 to 11.00am
- Intermediate 8yrs and up 9.00 to 1.00pm
- Advanced (tournament level) 12.00 to 1.30pm

The tennis club will be operating a canteen throughout the week.
There will be major prizes of tennis racquets in two divisions and the club will be running a raffle which will be drawn at the end of the clinic.

For enrolment and further information please contact Danny Joyce 0428498266
Fly into...

WIRRINYA PICNIC DAY

featuring the GREAT PAPER PLANE CHALLENGE

on SUNDAY, September 20

FREE ENTRY

Gates open 10am at ‘The Shed’ Wirrinya
Children’s races start at 10.30am
Billy boil - 50/50 raffle - novelty events

DIRECTIONS: From Forbes head out the Newell Highway towards West Wyalong, turn left onto Wirrinya Road (after the service station). Go over railway line at Garema and turn right. Follow the road to Wirrinya and turn right at the white church.
KITE FESTIVAL
Saturday 10th October 2015
Harden Picnic Racecourse
11am - 5pm Entry by donation
\* Alcohol Free Event

CELEBRATING
10 YEARS

Building a kite from our odds & ends box. You have all day to construct a kite to take part in the last competition of the day.

11:30am: Best home-made Kite - Junior & Teens.
Made from any material, any size & shape. Kite must fly.
(Must be the work of entrant)

12 noon: Family Relay - teams of four (must include one adult)
First two teams over the line, keeping kite continually flying at all times including changeover, will be judged the winners.

Relay Prizes: 1st $100, 2nd $50.

12:45pm: Kite in a Barrel - Teens & Adults
A test of precision flying against the clock. We provide the kite and you fly and drop it into a barrel in the stipulated time.

1:30pm: Duck-in-a-Row World Record Challenge
Bring your supplied duck or get one of the competition tents, sign it with your name and date and be part of the record.

3:00pm: Kites with longest tail - Open
Tail must be completely off ground for approved time. Extra tails available at comp tent.

3:30pm: Odds & Ends challenge closes
Time is up for constructing your kite. First to fly wins.

COMPETITIONS

Junior Competitions: 12yrs and under
Teens Competitions: 13yrs to 19yrs

11:00am: Odds & Ends challenge opens - Open

12:45pm: Kite in a Barrel - Teens & Adults

1:30pm: Duck-in-a-Row World Record Challenge

3:00pm: Kites with longest tail - Open

3:30pm: Odds & Ends challenge closes

FREE Art & Craft Sessions for Kids

Suitable for children of all ages. All children 5 & under must be accompanied by an adult

When: Tuesday 29th September
10.30 am—1.30 pm

Where: Community Hub
Main Street, Grenfell

Light lunch and refreshments provided
Caragabal Country Golf Club

MIDWESTERN HIGHWAY
CARAGABAL NSW 2810

PHONE: 02 6347 5270

NSW Farmers Association
Growing the Business of Farming.

Member Service Centre: 1300 794 000
Regional Service Manager: Rachel Galvin: 0427 773 495
Chairman: Peter Toole: 63475252
Secretary/Treasurer: James Clifton: 63476254

YOUR INDEPENDENT SUPPLIERS OF

- AG CHEM, ANIMAL HEALTH AND FARM MERCHANDISE
- ON FARM AGRONOMY AND WHOLE FARM CONSULTING
- FERTILIZER, BULK, BAG AND LIQUIDS
- GRAIN MARKETING AND ADVISORY SERVICES
- LIVESTOCK & PROPERTY MARKETING SPECIALISTS
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NOW OPEN IN CARAGABAL

CONTACT: Larry McDonald
0458 475 358

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