Parents and friends of Caragabal Public School

Zarah, Jimmy and Jayden have all had a very successful first week at school as have the other students. It is great to see them all trying hard. They are all keen to be back.

This term at school is promising to be busy. We are writing every day and concentrating on Nouns and Recounts for writing. Everyone has their own individual reading activities.

Mrs. Hetherington will be team teaching Tuesday mornings and teaching Science and Library in the afternoon while Mrs. Armstrong, Art and Craft on Thursday afternoon. Music will be on Thursdays at this stage. We will again be participating doing Indonesian each Friday.

Calendar

A draft Calendar is coming home today. This will be finalised next week.

Small School Swimming Carnival

We are looking forward to a great day at the Swimming Carnival. Please let the school know if there is any problem with transport. The carnival starts at 9.00am sharp. We will be taking the Caragabal tent for shade. The students did very well on Friday at Quandialla. This will be our best year yet! See you all there.

2013 Homework

Homework is due every Friday. Students are required to read as well as complete their homework activities.

Doing well in class

Our expert panel shares tips about how parents can help their younger and older kids reach their full potential at school and motivate them for learning. Watch the video. Find our more: http://www.schoolatoz.nsw.edu.au/wellbeing/development/getting-off-to-a-good-start/good-start-chapter-one

Eight ways to get your kids organised

Smart foods to boost learning

Mother Nature is full of foods that help us think and feel better. What do you give your child to help them think more clearly, and enhance concentration and memory? Find out more: http://www.schoolatoz.nsw.edu.au/wellbeing/food/smart-foods-to-boost-learning

Playgroup Weekly Events

| Bears bush bus | Monday 1.30 |
| Preschool | Tuesday and Friday 9.15 – 3.15 |

This Week

| Tuesday 5<sup>th</sup> | Mrs Hetherington, Mrs Piefke and Miss Gorton on Class. Library |
| Thursday 7<sup>th</sup> | Mrs Armstrong, Mrs Hoy and Miss Gorton on Class. Art & craft |
| Friday 8<sup>th</sup> | Small Schools Swimming Carnival - Forbes |
| Monday 11<sup>th</sup> | Tuckshop |
| Wednesday 13 | Swimming carnival Quandialla |

Quandialla Swimming Carnival

This year we will be joining Quandialla for a swimming carnival on Wednesday 13<sup>th</sup> February. The school will taking the students to the carnival by bus. All parents welcome to come with us.

Are you ready for morning madness, late assignments, yesterday's half-eaten lunch sweating in the schoolbag? Just like adults, children cope much better if they can manage their time and their environment wisely.


Regards

Caragabal Staff
Thought For the Week:

“If you want to make peace, you don’t talk to your friends. You talk to your enemies”. Moshe Dayan.

Caragabal Country Golf Club:

Following the AGM yearly membership fees are now due for the 2012/2013 year. Current membership fees as passed at the meeting are;

Registered players: $110.00
Social members: $55.00
Junior Members $11.00

Fees can be paid either at the club or to the treasurer Peter Toole.

Director’s Meeting:

The next Director’s meeting is scheduled for Wednesday 13th February 2013 at 8.00pm at the club house.

DUTY ROSTER:

Sunday: 10/2/13: D Cooper, P Pursehouse, G Toole

BOWLS:

Social bowls will held each Sunday with play commencing at 6.00pm. ie on the green at 6.00pm. Anyone who would like a game will be made very welcome.

Royal Hotel News:

** Meat tray raffle: ** Winner; Ian Eastaway

** Counter meals ** are available Saturday night from 6 to 9pm in conjunction with normal takeaways.

** Café Hours: ** 7.00pm – 8.00pm – Wednesday
                     6.30pm – 9.00pm – Friday & Saturday

** Coffee Shop: ** NOW OPEN and serving freshly ground and brewed coffee to drink in or take away.

We look forward to seeing you at the Pub

Grant & Melissa

Caragabal Water Progressive Association:

You should by now have received your water account. Thank you to those who have already paid. Payment would be appreciated ASAP and can be made at the Caragabal Post office for those who have not done so.
Caragabal Post Agency:

PLEASE NOTE NEW HOURS

Hours: 2.30pm to 5.00pm
Monday to Friday

Stamps, post packs and parcel posting is available at the PO Agency Caragabal.

Anglican Church Services:

Sunday 3rd February
9.00am Combined Parish Family Service, Holy Trinity, Grenfell
With Sunday School and followed by morning tea.

Sunday 17th February
11.30am Holy Eucharist, St Peter’s, Caragabal

Sunday 24th February
11.30am Holy Eucharist, St Margaret’s, Glenelg

Caragabal Hall News:

Dear People of Caragabal

With your great support of our many small activities we are now able to start the renovations on the Hall!!!

We have been successful in getting a $5000.00 Heritage Grant from the council which we will meet $ for $. This first part of the renovation will cost approximately $12,500.00 and with community help we should then be able to use the Hall with maybe restricted numbers and start having fun!!

Rob Maslin has been corralled into co-ordinating the renos with builder David Barratt and those of the community that are interested in giving a hand. There will be large and small jobs that should suit anyone who has a few hours at the weekends or any other time to spare. There is also the promise of good morning teas and lunches if needed.

David Barrett, the builder has offered us the use of his equipment under his supervision. Further information will be included in the newsletter as we go along.

Cheers
Dixie Maslin

If you can lend a hand please contact Rob Maslin on 0427 457 221 or Donna on 63 475 230
TAI CHI FOR HEALTH

NEWCOMERS WELCOME

From Tuesday 12th February I will be conducting 2 Tai Chi for Health classes as follows:

8.15-9.00am
Tai Chi for Energy (Chen & Sun)
24 Forms(Yang)

9.15-10.00am
Tai Chi for Arthritis parts 1&2 (Sun)

Between these 2 sessions we will have a brief Green Tea Break. Participants are welcome to either or both sessions

Tai Chi helps with balance, falls prevention, relaxation and many other health conditions. It can be performed seated.

Caragabal Country Golf Club

Wear comfortable clothes and sensible shoes to exercise in.

Enquiries to Helen Denovan 6349 1777.

Anyone is also welcome to join me for a practise session on Friday at 7.30 am commencing 15th February.

The current BOOK CLUB order form is due back at school on or before Wednesday 20/02/2013

JUS BEAUTIFUL

Ashlee's next visit will be Tuesday 12th February 2013.

Available services include:

- Waxing
- Tinting
- Manicure and pedicure
- Swedish massage
- Lash grafting
- Facials

Please phone Melissa on 63 475 336 or Ashlee on 0447 475 229 for an appointment.

Bookings are not essential but do make life much easier.
Contact Numbers:

Have you changed your phone number recently?

If there have been any changes to your contact numbers or emergency contact numbers could you please let Lyn know. It is important that we have current phone numbers in case we need to get in touch with you at any time.

Pre-school News:

Travel for Friday 8th February

The Forbes Small Schools Swimming carnival will be held this Friday, 8th February. This will involve all students and staff from the school.

Please make alternative arrangements for travel for your pre-school children for this Friday as there will be no supervision before 9.15am or after 3.15pm.
CHOCOLATE SELF-SAUING PUDDING

Ingredients

Cooking oil spray

1 cup self-raising flour

1/2 cup cocoa powder

1 cup firmly packed brown sugar

1/2 cup skim milk

1 egg

2 tablespoons table spread, melted & cooled

1 cup boiling water

Icing sugar and ice cream to serve

Method

Preheat oven to 180°C. Lightly spray a deep 4 cup-capacity round baking dish with oil. Sift flour and 1/2 cup cocoa into a bowl. Add 1/2 cup of the brown sugar and stir until combined. Whisk milk, egg and table spread in a jug. Add to flour mixture and stir until well combined. Pour batter into prepared dish and spread evenly. Smooth top with the back of a wet spoon (this produces a pudding that cooks evenly).

Combine remaining cocoa and brown sugar in a bowl. Slowly whisk in boiling water, until a smooth mixture forms. Pour over pudding batter (as it cooks, the topping sticks to the bottom of the dish, forming the sauce).

Bake for 35-40 minutes, or until the top forms into a “cake” and a skewer inserted in the pudding portion (top half) comes out clean. Stand for 5 minutes to allow sauce in the base of the pudding to thicken. Sprinkle with icing sugar and serve with ice cream.
Caragabal Public School

WE THANK OUR SPONSORS FOR THEIR SUPPORT

CARAGABAL

COUNTRY GOLF CLUB

MIDWESTERN HIGHWAY
CARAGABAL NSW 2810

PHONE 0263475270

ROYAL HOTEL CARAGABAL

Phone: 63 475 336
Hosts: Grant & Melissa Davey

Growing the Business of farming.

NSW Farmers ASSOCIATION

Member Service Centre: 1300 794 000
Regional Service Manager: Rachel Galvin: 0427 773 495
Peter Toole: Chairman 63475252
James Clifton: Secretary/Treasurer 63476254
YOUR INDEPENDENT SUPPLIERS OF

➢ AG CHEM, ANIMAL HEALTH AND FARM MERCHANDISE
➢ ON FARM AGRONOMY AND WHOLE FARM CONSULTING
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NOW OPEN IN CARAGABAL

CONTACT:
LARRY McDONALD: 0458 475358 or 63 475387

HEAD OFFICE
287 BOOROWA STREET
YOUNG NSW 2594

PH: 02 63 82 6622
www.deltaag.com.au

Come along & bring your favourite craft – sewing, patchwork, knitting, crotchet, embroidery or any sewing project & enjoy a coffee & meet new friends in a friendly atmosphere.

If you would like to learn to sew, just come along & we can help get you started. BYO lunch – tea & coffee provided.

Sewing days are on 1st & 3rd Tuesdays of each month from 9.30am – 3pm or at other times by arrangement.

Quilting Service available or you can hire the use of my longarm machine & do your own quilting under supervision.

Fabric & Notions available.

Looking for a personal gift – Quilts can be made to order.

Dressmaking services also available.
For more information Contact Wanda Taylor - 63475254